



AUSTRALIAN ULTIMATE CHAMPIONSHIPS

WHAT IS ULTIMATE?

Ultimate is a non-contact team sport played with a Frisbee, combining elements of netball, touch football, and grid-iron into a fast paced, athletic sport featuring length of the field throws, AFL-style marks, intense man-on-man defence and diving blocks. It is also unique because the sport is self-refereed - due to the 'Spirit of the Game', players are responsible for adhering to and overseeing the rules.

24TH - 27TH APRIL | EXHIBITION MATCH SATURDAY 24TH @ 6.30PM

3 LOCATIONS

Adelaide Shores Recreation Park - Frisbee Central

Barratt Reserve, Barratt Rd, West Beach

Anderson Reserve, West Beach Rd, West Beach

WHO IS COMING?

The AUC will bring 500 athletes in the form of 16 men's and 13 women's teams from all over Australia and New Zealand to Adelaide to compete for the championship trophy.

WHEN CAN I WATCH?

Games will run from 9am - 4pm on Saturday, Sunday, Monday and 9am-3pm on Tuesday. Special highlights will be the exhibition game on Saturday evening and the Grand Final for Open and Women will be held at 11am and 1pm respectively.



KARMA - ONE OF THE TWO SOUTH AUSTRALIAN MENS TEAMS

MORE INFORMATION AT NATIONALS.ULTIMATEFRISBEE.ORG.AU